

SRCC COVID 19 POLICY

Update: 2020-07-05

Here are the restrictions we have to follow because of Covid 19. This page will be updated until the regatta takes place.

For more general Covid 19 Policy => Check out the Swedish Rowing Federations official guidelines http://www.peterberg.se/files/Covid_19_SRCC2020_SWE_SR.pdf

If you didn't find your answer => Check out our FAQ-page http://www.peterberg.se/files/FAQ_SRCC20.pdf

Message from the SRCC team:

Hello everyone! We have finally got the Green Light to host the SRCC from the Swedish Health Organization, Swedish Police and Helsingborg City. We are very excited! BUT we also need your help to make this event work. Please read the guidelines below as we need to do this together. Thank you!

- International crews : Please check your own National Health Organizations Policy regarding travel.
- Participants may only enter the boat site 1h before your race starts and 30min after the finish.
- Team leaders (max 1 per team) may only stay on the boat site during the same time as noted above.
- We discourage all audiences (incl. parents and other relatives) to attend the races. This is to minimize any crowding.
- There will be no serving in the boat area.
- There will be no party or BBQ after the races.
- As a non-participant or leader you are not allowed to stay on the boat site at all. You are referred to the view area (Gröningen) which is the best place to view the races.
- You may not use the rowing clubs changing rooms.
- Our officials will be in charge of keeping the boat site clear of too many people. If you are told to leave the boat area, please respect this.
- The races will be scattered throughout both Saturday and Sunday. (Much more time in between races).
- The race order will be set only after the last entry.
- The race order will be set to suit the competition and according to the Covid-19 guidelines.
- Anyone who is sick, even with mild symptoms, should not participate and stay home.
- Be careful: Keep distance of at least 1.5 meters as good as possible.
- Do not share water bottles, mouthguards etc. that can transfer saliva.
- Wash and dry the handle of the oars both before and after rowing.

SELF-ASSESSMENT FORM FOR COMPETITORS AND LEADERS

- Body temperature: _____
- Sore Throat: Yes__ No__
- Cough: Yes__ No__
- Headache: Yes__ No__
- Nausea: Yes__ No__
- Diarrhea: Yes__ No__
- Muscle pain: * Yes__ No__
- Other symptoms: Yes__ No__

In that case, describe the symptoms:

* Does not refer to training pain or previous injury

If your body temperature is above 37.5 degrees or if you have answered yes to any of the questions you should not arrive at the racing facility without first obtaining the approval of your club's coach.